



Join the American River Parkway Bike Patrol

March 9, 2020

Community members invited to join new American River Bike Patrol for the American River Parkway in Sacramento, CA

The new American River Bike Patrol invites members from the community to attend one of two public information meetings on March 12 or 14. New bike patrollers will perform as trail ambassadors providing directional advice, equipment assistance, safety insights and bike safety programs, assistance with events and first-aid services. Patrollers will serve as eyes and ears of the Parkway administration, rangers and other stakeholders.

Sacramento County supervisors voted unanimously on February 25 to authorize establishment of a new American River Bike Patrol to watch over the bike trails on the American River Parkway. The Parkway offers a complex of about 80 miles of paved and unpaved trails along the beautiful and historic river.

Training will be provided by the National Ski Patrol (NSP) and its bike patrol subset. Volunteer members will be trained much like traditional ski patrollers, with emphasis on bicycle rider interaction, equipment advice and first-aid skills; the patrol “will go live” by early summer.

Bike patrol members will come from the local cycling, hiking and outdoor community and the over 200 current NSP members who live in the Sacramento Capital Region. The patrol will be the newest in the NSP organization, with over 640 bike, trail and alpine patrols across the US and Europe. The NSP will offer Outdoor First Care and CPR courses to new members in April.

Current NSP patrollers, mountain hosts and alumni with Outdoor Emergency Care or Outdoor First Care are welcome, after a day of trail training, as “secondary members” and can patrol primarily in summer and fall months, around ski season.

Interested parties are invited to attend ONE of several 1.5 hour information sessions:

- March 12, 6:30 PM at REI Co-op, 1790 Expo Parkway, Sacramento,
- March 14, 11:00 AM at REI Co-op, 1790 Expo Parkway, Sacramento,
- April 14, 6:30 PM at REI Co-op, 1790 Expo Parkway, Sacramento.

Training sessions are planned for April 11, 11:00 AM to 3 PM at REI on Expo Blvd (covering bike maintenance and a discussion on Parkway rules and regulations), and a full day, April 25, Outdoor First Care and CPR skills (location to be determined).

For more info, contact Tim Viall, American River Bike Patrol, tviall@msn.com, (209) 969-3875.
For a link to more information: <http://farwest.org/MemberPrograms/BikePatrol/BikePatrol.html>

PLEASE NOTE: a host of bike patrol photos and art elements are available, if needed; as well as potential interviews with patrol leaders on the Parkway bike trails.