



County of Sacramento  
Department of Regional Parks  
**Therapeutic Recreation Services**



## Position Announcement

### Title: Therapeutic Recreation Intern

### Background:

Therapeutic Recreation Services has been supervising Recreation Therapy interns since 1978.

### Description:

Under the supervision of the Recreation Therapist, an intern has the opportunity to gain practical experience in a community-based therapeutic recreation program. Assignments may include, but are not limited to, client assessment/developing an individual program plan/ implementing a 1-to-1 leisure education program/documentation; program planning/implementation/evaluation; developing a program proposal and program budget; developing a community resource file; grant research; assisting with a major special event; supervision of staff and volunteers; attending training and community meetings.

### Qualifications:

- must have completed pre-internship coursework as currently required by NCTRC
- enthusiasm; desire to learn
- ability to work independently
- ability to work effectively with staff, volunteers, participants and families

### Benefits:

- valuable TR experience in a community-based setting
- professional development
- increased community networking opportunities
- college credit

### Schedule:

Will vary depending on program assignments. Typical schedule: Monday - Friday days/evenings; will include some weekends and possibly holidays. Fourteen weeks. Minimum 560 hours.

### Application Procedure:

- Request a Therapeutic Recreation Internship packet
- Complete and return the application along with a résumé
- Schedule Interview

### For additional information, or to request an Internship packet, contact:

Jenn Wilson, CTRS at **916.484.2045** or TTY through CA Relay Service: **800.735.2929**

County of Sacramento, Department of Regional Parks, TR Services

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