



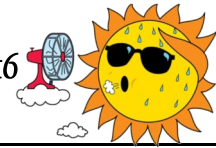





<b>Program:</b>	<b>Date:</b>	<b>Cost:</b>	<b>Where:</b>	<b>Time:</b>
<b>Movie Marathon</b> - Spend a Sunday with your TRS friends watching a couple of movies at the brand new Country Club Cinema and eating lunch! We will be seeing 2 summer blockbusters. Details provided that week.	Sunday, July 7 	<b>\$30</b> <b>Limit 30</b> *Cost includes: 2 movie tickets. Bring at least \$30 for lunch and snacks	<b>Country Club Cinema</b> 2405 Butano Drive Sacramento, CA 95825 (Inside the Country Club Plaza)	<b>Drop-off</b> 9:45am <b>Pick-up</b> TBD
<b>Hula Hop Dance</b> - Aloha! Wear your flower Lei necklaces and brightest Hawaiian shirts for a night of dancing, friends, and fun! 	Friday, July 19	<b>\$8</b>	<b>La Sierra Community Center</b> 5325 Engle Rd. Carmichael, 95608	7:00pm - 9:00pm
<b>California State Fair</b> - Join us for some "BIG FUN" at the State Fair! Play exciting midway games, check out baby animals, and eat food on a stick!	Monday, July 22	<b>\$15</b> <b>Limit: 35</b> *Bring money for dinner and souvenirs, if wanted	<b>Cal Expo, Main Gate</b> 1600 Exposition Blvd. Sacramento, 95815 	<b>Drop-off</b> 5:30pm <b>Pick-up</b> 9:30pm
<b>Mad Hatter Garden Party</b> - Come join us to learn how to arrange flowers, decorate fancy hats, and enjoy a tea party with finger foods made by you! 	Saturday, July 27	<b>\$30</b> <b>Limit: 30</b> *Price includes tea party lunch	<b>La Sierra Community Center</b> Room 810 (near TRS office) 5325 Engle Rd. Carmichael, 95608	<b>Drop-off</b> 10:00am <b>Pick-up</b> 1:00pm
<b>Hot August Nights Dance</b> - The nights are hot, hot, hot, but the music's hotter! Enjoy an evening of friends, dancing, and fun! 	Friday, August 16	<b>\$8</b>	<b>La Sierra Community Center</b> 5325 Engle Rd. Carmichael, 95608	7:00pm - 9:00pm
<b>A's vs Houston Astros</b> - Let's go see the local big league team take the field! We will catch BART into Oakland, then eat peanuts and cracker jacks while rooting on the home team!	Saturday, August 17	<b>\$60</b> <b>Limit 20</b> *Bring extra money for food and souvenirs	<b>La Sierra Community Center</b> 5325 Engle Rd. Carmichael, 95608 (front parking lot) 	<b>Drop-off</b> 9:00am <b>Pick-up</b> TBD
<b>Pool Party</b> - Cool off from the August heat wave with a pool party! Enjoy a dinner in the park followed by swimming and summer games! 	Tuesday, August 20	<b>\$25</b> <b>Limit: 50</b> *Cost includes dinner	<b>Cottage Pool</b> 3097 Cottage Way Sacramento, CA 95825 (Dinner at park next to pool)	<b>Drop-off</b> 5:30 <b>Pick-up</b> 8:00
<b>River Cats Game</b> - Let's go out to the ball game for \$1 hot dog night! We'll watch the River Cats battle the Reno Aces for the win!	Tuesday, August 27	<b>\$35</b> <b>Limit: 25</b> *Bring extra money for snacks and/or souvenirs.	<b>La Sierra Community Center</b> 5325 Engle Rd. Carmichael, 95608 (front parking lot) 	<b>Drop-off:</b> 6:00pm <b>Pick-up:</b> TBD

### Sacramento Co. Chargers Information

- ◆ Softball practices begin Saturday, June 29.
- ◆ Soccer practices begin Sunday, August 11.

If you are interested in receiving a practice schedule for either sport, please call 916/484.2044 or email [TRS@SacCounty.net](mailto:TRS@SacCounty.net).

### PLEASE NOTE:

#### To register for programs:

- By mail: Please send completed form, along check/money order/TRS credit made payable to: **Sacramento County** to: TRS, 5325 Engle Road #810, Carmichael, CA 95608
- By phone: call us at (916) 484-2044 to pay with a credit card.
- In person: Office is open W - F, 10:00am - 4:00pm. Please make sure you have the exact amount as we do not have change. (Our office is located next to room 810) Thank you!
- Per Sacramento County, there will be a \$42 fee for all returned checks.
- Please list full names of all people who will be attending programs; no initials please.
- **For all TRS dances, there will be no at-the-door registration. The deadline to sign-up is the Thursday before the dance.**

To register, please **completely** fill out this form & send in with your payment. Thank you!

Name(s) \_\_\_\_\_ Age \_\_\_\_\_ M/F # Attending \_\_\_\_\_

If you need more room to list full names, please attach a separate piece of paper.

Care Home/Facility (if applicable) \_\_\_\_\_ E-mail \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ ZIP \_\_\_\_\_

Phone # \_\_\_\_\_ Emergency# \_\_\_\_\_

Special Needs (wheelchair, meds., dietary, etc.) \_\_\_\_\_

1. ___ Movie Marathon	Sun, July 7	\$30x	# _____	= \$ _____
2. ___ Hula Hop Dance	Fri, July 19	\$8x	# _____	= \$ _____
3. ___ California State Fair	Mon, July 22	\$15x	# _____	= \$ _____
4. ___ Garden Party	Sat, July 27	\$30	# _____	= \$ _____
5. ___ Hot August Nights	Fri, August 16	\$8x	# _____	= \$ _____
6. ___ A's Game	Sat, August 17	\$60x	# _____	= \$ _____
7. ___ Pool Party	Tues, August 20	\$25	# _____	= \$ _____
8. ___ River Cats Game	Tues, August 27	\$35x	# _____	= \$ _____

**TOTAL AMOUNT ENCLOSED: \$ \_\_\_\_\_**

If you are interested in applying for a Pathways scholarship, please write "SCH" by the program you are interested in & check here: . We will send you an application.

**Board of Supervisors**  
Phil Serna, District 1  
Patrick Kennedy, District 2  
Susan Peters, District 3  
Sue Frost, District 4  
Don Nottoli, District 5  
Nav Gill, County Executive

**PROGRAM NOTES:**

- Please give yourself ample time to arrive at programs. If you are late, we CANNOT wait more than 10 minutes as we have prompt schedules for all programs. Thank you!
- If you cannot attend a program, please call **916.484.2044** at least two days prior to the scheduled event. No-shows cannot receive a credit.
- In general, TRS programs are designed for participants who are able to function in a 1:6 staff-to-participant ratio. Attendants may be able to be accommodated.
- **Programs listed here will not be on any other upcoming flyers, so sign up today for the program(s) of your choice!**



**Therapeutic Recreation Services**

5325 Engle Rd. #810  
Carmichael, CA 95608

**FREE MATTER FOR  
THE BLIND AND  
PHYSICALLY DISABLED**

**RETURN SERVICE REQUESTED**



**Celebrate Summer  
with TRS!  
July & August 2019**



Programs designed for individuals with disabilities ages 14 & up.

**Check out the programs that TRS has to offer for July/August. Please use the registration form to sign up for the programs of your choice!**

County of Sacramento  
Dept of Regional Parks  
**Therapeutic Recreation Services**  
5325 Engle Rd. #810, Carm, CA 95608  
916.484.2044, Fax: 916.484.2041  
TTY thru CRS 1.800.735.2929  
[TRS@saccounty.net](mailto:TRS@saccounty.net)