










# Sac County Chargers

- ◆ Swim Meet - May 4  
Whitney High School
  - ◆ Track & Field Meet - May 4  
Whitney High School
- Come cheer on your friends!  
Call 916-484-2044 for information.

## PLEASE NOTE:

### To register for programs:

- By mail: Please send completed form, along with check/money order/TRS credit made payable to: **Sacramento County** to: TRS, 5325 Engle Rd. #810, Carm., 95608
- By phone: call us at (916) 484.2044 to pay with a credit card.
- In person: Our physical office address is La Sierra Community Center, 5325 Engle Rd. #810., Carm., W - F, 10:00am - 4:00pm. Please make sure you have the exact amount as we do not have change. Thank you!
- Per Sacramento County, there will be a \$45 fee for all returned checks.
- Please list full names of all people who will be attending programs; no initials please.
- For all TRS dances, there will be no at-the-door registration. The deadline to sign-up is the **Thursday** before the dance.

Program:	Date:	Cost:	Where:	Time:
<b>River Cats Game</b> —Let's watch the Fresno Grizzlies and our home boys battle for the win! It's \$1 night, so bring money for \$1 hot dogs! 	Tuesday May 7	\$35 Limit: 25 *Bring extra money for snacks and/or souvenirs	La Sierra Community Center 5352 Engle Rd. Carmichael, 95608 (front parking lot)	Drop-off: 6:00pm Pick-up: TBD
<b>Friday Night Fever Dance</b> —Break out the bell bottoms and platform shoes! It's Disco, Motown and 70's night! Plus all your other favorites, so boogie on down with us! 	Friday May 10	\$8	La Sierra Community Center 5352 Engle Rd. Carmichael, 95608	7:00pm - 9:00pm
<b>Aladdin</b> — Come discover a whole new world at Broadway on Tour in the community center theater! It will be filled with beauty, magic, and comedy! Let's see what one lamp and three wishes will do... 	Thursday May 16	\$50 Limit 15	La Sierra Community Center 5352 Engle Rd. Carmichael, 95608 (front parking lot) 	Drop-off: 7pm Pick-up: TBD
<b>International Traveler</b> — Let's travel across the globe collecting stickers in your passport as you explore different cultures through traditional crafts and delicious food! 	Friday May 17	\$25 Limit 40	La Sierra Community Center Lawn near TRS office 5325 Engle Rd. Carmichael, CA 95608	6:00pm - 9:00pm
<b>Step-by-Step Painting</b> — Join us for a night of fun and creativity! Step by step we will guide you through painting a masterpiece to take home at the end of the night! 	Tuesday June 4	\$30 Limit: 25 *Light meal will be provided.	La Sierra Community Center Room #810, next to TRS Office 5352 Engle Rd. Carmichael, 95608	6:00pm - 9:00pm
<b>Shrek the Musical</b> — Let's go on a journey to the land of FAR FAR AWAY at the Music Circus! We will watch everyone's favorite ogre come to life on stage as he rescues princess Fiona with the help of some fairytale friends! 	Wed. June 12	\$55 Limit: 20 *Bring extra money for snack at intermission	La Sierra Community Center 5352 Engle Rd. Carmichael, 95608 (front parking lot) 	Drop-off: 6:30pm Pick-up: TBD
<b>Wacky Water Night</b> — Celebrate the start of summer with some wacky water fun! We'll have a water slide, a water maze, and plenty more for a splashing good time. Prepare to get wet! 	Thurs. June 27	\$20 Limit: 30 *Dinner will be provided.	La Sierra Community Center Lawn near TRS office 5325 Engle Rd. Carmichael, CA 95608	6:00pm - 8:00pm

**Please note: there will be NO dance in June!**

**To register, please completely fill out this form & send in with your payment. Thank you!**

Name(s) \_\_\_\_\_ Age \_\_\_\_\_ M/F # Attending \_\_\_\_\_

If you need more room to list full names, please attach a separate piece of paper.

Care Home/Facility (if applicable) \_\_\_\_\_ E-mail \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone # \_\_\_\_\_ Cell # \_\_\_\_\_ Emergency# \_\_\_\_\_

Special Needs (wheelchair, meds., dietary, etc.) \_\_\_\_\_

- |                                    |                |       |         |            |
|------------------------------------|----------------|-------|---------|------------|
| 1. _____ River Cats Game           | Tues. May 7    | \$35x | # _____ | = \$ _____ |
| 2. _____ Friday Night Fever        | Fri. May 10    | \$8x  | # _____ | = \$ _____ |
| 3. _____ Aladdin                   | Thurs. May 16  | \$50x | # _____ | = \$ _____ |
| 4. _____ International Traveler    | Fri. May 17    | \$25x | # _____ | = \$ _____ |
| 5. _____ Step-by-Step Painting     | Tues. June 4   | \$30x | # _____ | = \$ _____ |
| 6. _____ Shrek at the Music Circus | Wed. June 12   | \$55x | # _____ | = \$ _____ |
| 7. _____ Wacky Water Night         | Thurs. June 27 | \$20x | # _____ | = \$ _____ |

**TOTAL AMOUNT ENCLOSED: \$ \_\_\_\_\_**

If you are interested in applying for a Pathways scholarship, please write "SCH" by the program you are interested in & check here: . We will send you an application.

**PROGRAM NOTES:**

- Please give yourself ample time to arrive at programs. If you are late, we CANNOT wait more than 10 minutes as we have prompt schedules for all programs. Thank you!
- If you cannot attend a program, please call **916.484.2044** at least two days prior to the scheduled event. No-shows cannot receive a credit.
- In general, TRS programs are designed for participants who are able to function in a 1:6 staff-to-participant ratio. Attendants may be able to be accommodated.
- **Programs listed here will not be on any other upcoming flyers, so sign up today for the program(s) of your choice!**

**Board of Supervisors**  
Phil Serna, District 1  
Patrick Kennedy, District 2  
Susan Peters, District 3  
Sue Frost, District 4  
Don Nottoli, District 5  
Nav Gill, County Executive



County of Sacramento  
Therapeutic Recreation Services  
5325 Engle Rd. #810  
Carmichael, CA 95608

**RETURN SERVICE REQUESTED**

**FREE MATTER FOR  
THE BLIND AND  
PHYSICALLY DISABLED**



# TRS Here Comes the Summer Sun... May & June Programs 2019



Programs designed for individuals with disabilities ages 14 & up.

**Check out the programs that TRS has to offer for May/June. Please use the registration form to sign up for the programs of your choice!**

County of Sacramento  
Department of Regional Parks  
**Therapeutic Recreation Services**  
5325 Engle Rd. #810, Carm. 95608  
916.484.2044, Fax: 916.484.2041  
TTY through CRS: 1.800.735.2929  
[TRS@SacCounty.net](mailto:TRS@SacCounty.net)  
[www.regionalparks.saccounty.net](http://www.regionalparks.saccounty.net)