

## All trips include:

- ♦ Transportation, including airfare and rental vehicles as needed
- ♦ Hotel accommodations for 2 travelers per room with 2 beds; unless we are renting a house, then each person will have a bed, but may be more than 2 to a room
- ♦ Scheduled itinerary, with many opportunities to help make plans
- ♦ Fun activities and entertainment
- ♦ Admission to places of interest
- ♦ 24-hour staff supervision
- ♦ Fun-filled memories with new and old friends alike

## Important Information:

- ♦ Some trip costs do not include meals. Each traveler will be responsible for bringing money for food and spending money. When possible, we stay in hotels with a free breakfast to save on costs.
- ♦ Once accepted, a deposit will be requested. Payments can be made up to 15 days prior to trip date.
- ♦ Trips are staffed at a 1:6 staff-to-participant ratio. Attendants may be able to be accommodated if ratio cannot be met, and will be required to cover travel costs.
- ♦ Cancellation Policy: Refunds will be given with 60 days cancellation notice; less than 60 days will be considered on a case-by-case basis and if spot can be filled

## How to sign-up:

If you are interested in any of the trips, fill out the Travel Application and return as soon as possible. **Do not send money!** Your payment will be requested upon acceptance.

## Expectations of all travelers:

- ♦ Open-minded
- ♦ Social and ready to make friends
- ♦ Flexible with changes
- ♦ Willingness to share
- ♦ Appropriate behavior at all times

## Each participant must:

- ♦ Be 18 years of age or over
- ♦ Have a current Enrollment Form on file before signing up
- ♦ Be able to enjoy themselves in 1:6 staff-to-participant ratio

Priority will be given to those who have traveled successfully with TRS in the past. Any new travelers will be required to come for an interview before acceptance for a trip. If you have specific questions about a trip, please call 916/484.2044 or email to [TRS@SacCounty.net](mailto:TRS@SacCounty.net).



**Board of Supervisors**  
Phil Serna, District 1  
Patrick Kennedy, District 2  
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County of Sacramento  
Therapeutic Recreation Services  
5325 Engle Rd. #810  
Carmichael, CA 95608

**FREE MATTER FOR  
THE BLIND AND  
PHYSICALLY DISABLED**

**RETURN SERVICE REQUESTED**



SACRAMENTO  
COUNTY



# 2019



# Calendar

County of Sacramento  
Department of Regional Parks  
Therapeutic Recreation Services  
5325 Engle Rd. #810  
Carmichael, CA 95608  
916.484.2044 FAX: 916.484.2041  
TTY thru CRS 800-735-2929  
e-mail: [TRS@SacCounty.net](mailto:TRS@SacCounty.net)  
[www.sacparks.net](http://www.sacparks.net)

# Travel Application

Name: \_\_\_\_\_

Care Home (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ ZIP: \_\_\_\_\_

Email: \_\_\_\_\_

Do you prefer email ( ) or mail ( )?

Phone #: \_\_\_\_\_

Age: \_\_\_\_\_ Male / Female

What trips have you attended in the last 2 years? \_\_\_\_\_

Special needs: \_\_\_\_\_

Which trip(s) are you interested in?

Please check all you are interested in

- Philadelphia
- Relax by the Lake
- Scenic Fall Road Trip
- Disneyland at Halloween

Are you interested in more info about a possible Pathways partial trip scholarship? ( ) Yes please ( ) No please (an application will be sent to you)

Send completed application to:

TRS: 5325 Engle Rd. #810

Carmichael, CA 95608

Or FAX to: 916/484.2041

Or email: [TRS@SacCounty.net](mailto:TRS@SacCounty.net)

In 2019, we will travel to the “City of Brotherly Love”, Donner Lake, a fall road trip through the eastern states, and of course, the Happiest (Spookiest) Place on Earth. More information about each trip will be sent out upon receipt of application.



<b>Destination</b>	<b>Trip good for people who enjoy:</b>	<b>Dates</b>	<b>Approximate Cost</b>
<b>Philadelphia</b> — Check out the “City of Brotherly Love” for a 4-day trip. We will visit the Liberty Bell, the Declaration of Independence, find the best Philly Cheese Steak, and of course, find the famous <i>Rocky</i> statue and climb in his footsteps!	American history, lots of walking/sightseeing, eating local foods	March 27 - 30 Wed - Sat	\$1650
<b>Relax by the Lake</b> – Escape up the hill to beautiful Donner Lake! We will be staying in a beautiful 6 bedroom house in Truckee, right across the street from the lake. While there, we will have the opportunity to walk by the lake, kayak and/or swim, explore the quaint town of Truckee, and maybe even take a day trip to the Reno area. We will have our own kitchen, and will be preparing delicious meals to enjoy family-style!	Relaxing, hanging out with friends, enjoying nature, socializing	May 24 - 27 Fri - Mon	\$900 (this trip will include some meals since we will have a kitchen)
<b>Scenic Fall Road Trip</b> - Let’s head to the eastern part of the country to enjoy one of America’s most scenic road trips! We will drive along the Blue Ridge Parkway, which starts near the Great Smokey Mountains National Park in North Carolina, and ends in Charlottesville, Virginia. From there we will also drive Skyline Drive through Shenandoah National Park.	Nature, history, walking/hiking, joy of road-tripping, socializing	Sept. 9 – 13/14 Mon - Fri (may extend to Saturday)	\$2000
<b>Disneyland at Halloween</b> - The Grim-grinning Ghosts come out at Disneyland during the Halloween season! There are spooky snacks, eerie encounters with characters, a giant Mickey Jack-o-lantern, and even a candy-filled Halloween party! Star Wars - Glaxy Edge will also be open offering new experiences.	Magical fun, hanging out with friends, lots of walking	Oct. 7 - 10 Mon - Thur	\$1600

**Please note:** Prices are approximate. Exact price will be sent to each traveler with their acceptance letter. Due to unforeseen circumstances, dates may change slightly.

**Remember:** It is absolutely mandatory that anyone interested in travelling with TRS enjoy socializing with friends, have a positive attitude, and be able to enjoy the spontaneity of travel!

