

American River Parkway



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Off-Paved Trail Cycling Pilot Program
September 2017–2020



Blue Elderberry

Sambucus nigra ssp. caerulea

In the Woodlake and Cal Expo areas, blue elderberry shrubs flourish. From April through July, elderberry blossoms in flat-topped clusters becoming small purplish blue berries. Nisenan found many uses for elderberry, which they called K'a K'am, "tree of music". The wood was made into fire drills, arrows, flutes, whistles, and clapper sticks. Except for the blossoms and berries, the plant is poisonous, and even the berries must be cooked before they are eaten. Blue elderberry shrubs provide shelter for many birds and the valley elderberry longhorn beetle, a species protected under U.S. law. Less than five percent of the Central Valley's original riparian forests remain, thus elderberry shrubs are becoming more rare.



Help us protect the blue elderberry and all plants in the Parkway. Please stay on designated trails.

Source: American River Natural History Association's "Outdoor World of the Sacramento Region" and "Biking and Hiking the American River Parkway"

TRAIL RULES

- Communicate your presence
- Cyclists and hikers yield to equestrians
- Stay on designated trails
- Building features and trails is prohibited
- No riding on wet trails
- Obey all signs and barriers
- Off-paved cycling is prohibited in the Parkway outside of the designated pilot trails in the Woodlake and Cal Expo areas

TRAIL SURFACE

- Skill level: Easy
- Average Grade: </=5%
- Obstacles: infrequent and insubstantial

EMERGENCY: 911

NON-EMERGENCY: (916) 875-7275 (PARK)

OR SACPARKS.NET



Sacramento County Regional Parks



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Off-Paved Trail Cycling Pilot Program located in Woodlake and Cal Expo



The pilot program opens the Woodlake and Cal Expo land use areas to off-paved trail cycling for a three-year trial period, September 2017–2020.

The purpose of the program is to evaluate whether off-paved trail cycling can become a permanent recreational use in these areas. The goal of the program is to promote stewardship for the Parkway.

How are we doing?
Take a survey.

Are trails open?
Know before you go.

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