



# APRIL Waste Less CHALLENGE

SUN	MON	TUE	WED	THU	FRI	SAT
				<b>Day 1</b> BYOB(ag) to the grocery store if permitted.	<b>Day 2</b> Unplug appliances you aren't using.	<b>Day 3</b> Cut brown bananas in half and freeze for smoothies.
<b>Day 4</b> Recycle an old electronic device (1st generation iPod, anyone?)	<b>Day 5</b> Fill ice trays with leftover wine or olive oil to use in future recipes.	<b>Day 6</b> Make a grocery list (and only buy what's on it).	<b>Day 7</b> Turn the water off while scrubbing dishes.	<b>Day 8</b> Buy bulk quantities of pantry staples (rice, pasta, nuts).	<b>Day 9</b> Store kitchen scraps (raw fruits and veggies, egg shells) to compost.	<b>Day 10</b> Donate or sell what you no longer use.
<b>Day 11</b> Pick one food and cook with every part of it.	<b>Day 12</b> Use storage containers instead of plastic bags for storing food.	<b>Day 13</b> Trade paper towels for a cloth one.	<b>Day 14</b> Don't mix fruit and vegetables (they spoil each other).	<b>Day 15</b> Clean and reorganize your fridge.	<b>Day 16</b> Turn day-old rice into fried rice.	<b>Day 17</b> Swap your paper coffee cup for a mug or reusable tumbler.
<b>Day 18</b> Reuse jars for flowers or bulk food.	<b>Day 19</b> Don't confuse "sell by", "best by", or "use by" with "toss by".	<b>Day 20</b> Traveling? Turn down the thermostat and unplug.	<b>Day 21</b> Ditch disposable water bottles.	<b>Day 22</b> Go paperless for all your bills.	<b>Day 23</b> Ordering takeout? Say not to utensils and napkins.	<b>Day 24</b> Trade tea bags for loose leaf tea in a tea infuser.
<b>Day 25</b> Create a Zero Waste kit to take with you wherever you go.	<b>Day 26</b> Borrow items from friends/neighbors instead of buying new.	<b>Day 27</b> Wash your clothes using the "cold" setting.	<b>Day 28</b> Shop at second-hand stores.	<b>Day 29</b> Opt out of junk mail.	<b>Day 30</b> Write to one of our favorite businesses on how they can reduce waste.	